

Demystifying the T-1 Tax Return

Steve Erdt

This workshop will equip the average taxpayer to understand the basics of income tax and then be able to complete his or her personal tax return using off the shelf software on their own. Highlights: How to determine what income is subject to tax. How to differentiate between total income, net income and taxable income. How to calculate and apply deductions and credits. How to electronically file your return. Maximum participants: 20

Date: Saturday, March 16

Time: 8:30 am - 12:30 pm

Location: SBC Fireside Room (middle floor)

Cost: N/C

Vehicle Maintenance For Women

Dan Virgint

Back by popular demand! Do you want to take better care of your car but don't know where to start? Start here! You'll leave knowing where fluid goes, what items wear out and need to be replaced regularly, how to check tire pressure and how to read your repair bill. Bonus: battery boosting and changing a tire. Taught by experienced mechanics who will help clear the fog!

Date: Saturday, April 13

Time: 9 - 11 am

Location: SBC Foyer & Parking Lot

Cost: N/C

The Swing Is The Thing!

Bryan Hart & Warren Parker

In this 2-part workshop, long time golfer Warren Parker and past Golf Pro, Bryan Hart, will work with you to give you the tools you need to make a simple, effective motion that provides great results from the shortest chips to the longest drives. They will try to demystify and make the golf swing easier to understand and implement for all golf shots! Maximum participants: 20

Date: Saturdays, April 20 & 27

Time: 3 pm

Location: TBA

Cost: \$10 per session (to cover a bucket of balls)

Exterior Professional Painting Tips

Dean Martens & Brad Virtue

Prepare to freshen up and beautify your home this summer with help from the pros! Learn what paint to use on your home siding and how to apply it so that it will last for years to come. Learn about deck stains, window trim, fascia and handrails. Bring your questions and plan to refresh and increase the value of your home this summer!

Date: Saturday, May 4

Time: 9 am - 12 pm

Location: TBA

Cost: N/C

Outdoor Kitchen - The BBQ

Stefan Mahon

This course aims to teach all steak lovers how to cook the perfect steak to everyone's liking. Chef Stefan will guide you through every step of cooking a steak - from choosing the right cut, preparing, cooking, identifying different cooking degrees - blue, rare, medium-rare, medium, medium-well, and well done, as well as assembling your plate. Dinner included.

Date: Wednesday, May 15

Time: 6 - 8 pm

Location: SBC Parking Lot

Cost: \$10

Register: summerlandbaptist.ca **Contact:** 10318 Elliott Street, 250-494-3881

practical SKILLS workshops



Winter/Spring 2019
Catalogue

Register at
summerlandbaptist.ca



PRACTICAL SKILLS WORKSHOPS

Winter & Spring 2019

REGISTER ONLINE AT SUMMERLANDBAPTIST.CA

Summerland Baptist Church is pleased to offer our community Practical Skills Workshops led by volunteer instructors who donate their time to share their passion and experience with others. Some workshops have limited space so register soon! Workshops are free of charge unless otherwise stated.

Menopause 101

Vanessa Ojala

For women (and their supporters) interested in learning more about menopause. Come meet your local menopause practitioner and pharmacist Vanessa Ojala, RPh, Bsc, Pharm, NCMP, as she goes over the basics of this very normal transition and how you can thrive. This will be an interactive session with time to share and learn from one another.

Date: Saturday, January 5

Time: 9 - 10:30 am

Location: SBC Fireside Room (middle floor)

Cost: N/C

Collage Mosaic: 'Artful Play'

Nancy Wyse

In our three sessions we will each complete a one-of-a-kind canvas. The process is both simple and playful. We will use imagination, memory and images as inspiration for an abstract or impressionistic picture. This is a playful cut and paste activity. Canvases and some of the materials needed to complete your project will be provided (you will be asked to bring a few household items which are listed on the registration form).

Date: Mondays, January 14, 21, 28

Time: 7 - 9 pm

Location: SBC Fireside Room (middle floor)

Cost: \$12

Pickleball

Sheila Staring & Bill Wills

What is the fastest growing sport in North America? Pickleball! This clinic is designed for beginners and novice players wanting to improve their skill levels. You will be instructed in the rules of engagement, basic strokes and strategies and by the end of the session you will participate in an actual game. Maximum participants: 30

Date: Saturday, January 19

Time: 8 - 10 am

Location: SBC Gym (bottom floor)

Cost: N/C

Hope Road Gospel Community Choir

Del Riemer

Do you love to sing? That's the only requirement to be part of this contemporary Gospel choir. This seasonal community choir is for all ages and abilities. No need to register... just show up!

Date: Tuesdays, January 15 - May 28

Time: 7 - 8:30 pm

Location: SBC Sanctuary (top floor)

Cost: N/C

Will & Estate Planning

Tom Johnston & Jim Hunt

Will your family be looked after? Planning and discussion regarding setting up a will, Power of Attorney, finances and assets, life insurance and investments. Bring your questions and confusion and we'll clear the fog! Presented by Tom Johnston (retired Attorney) and Jim Hunt (retired Financial Planner).

Date: Tuesday, January 22

Time: 7 - 9 pm

Location: SBC Fireside Room (middle floor)

Cost: N/C

Intro to Knitting

Linda Bolton

In this 2-part workshop, learn the art and technique of knitting with instruction and materials to complete a project. Start a hobby that can bring enjoyment for a lifetime, not to mention a chance to create beautiful items for gifts and personal use.

Maximum participants: 8

Date: Saturdays, February 2 & 9

Time: 10 am - 12 pm

Location: SBC Fireside Room (middle floor)

Cost: \$10 for materials

Learning to Draw for Kids

Ken Ballantyne

Drawing is fun! Do you want to impress your teacher, friends, or simply enjoy the skill of drawing for yourself? This workshop will teach you the basics and help you turn a simple sketch into a masterpiece using lines and shapes. Learn from artist Ken Ballantyne, sketch artist, painter and instructor for over 30 years. This class is for children ages 10 - 15.

Maximum participants: 8

Date: Saturdays, February 16 & 23

Time: 10 am - 12 pm

Location: SBC Fireside Room (middle floor)

Cost: \$15 (all materials provided)

Demystifying Curry

Stefan Mahon

Curry and rice are one of the world's most common meals. Come and learn from Master Chef Stefan Mahon how to prepare a version of this international favourite that will turn the simple into the spectacular! Maximum participants: 24

Date: Wednesday, February 27

Time: 6 - 8 pm

Location: SBC Kitchen (bottom floor)

Cost: \$5

Navigating Dementia

Andrea Jones

What is dementia? Is it a natural part of aging? What are the signs and symptoms? Is there a cure? Is there a way to prevent it? How do I cope? We will look at some misconceptions, myths and realities of living with dementia. We will talk about where to find help and support and how one can live with dementia. Andrea Jones is a recreation therapist who has worked in dementia care for over 20 years.

Date: Monday, March 4

Time: 7 - 9 pm

Location: SBC Fireside Room (middle floor)

Cost: N/C